QUIZ FOR FIRST HOLY COMMUNION PREPARATION

1. Who created you?
2. Why did God create you?
3. What is the tabernacle?
4. What is the name of the table in front of the Church?
5. What is the sanctuary lamp?
6. What does the sanctuary lamp tell us if it is lit?
7. What does genuflection mean?
8. What is another name for Holy Communion?
9. Why do we bless ourselves when we go into the Church? (reminder of Baptism, remove venial sins)
10. Where does the Holy Water come from? (Easter water)
11. What is the host made from?
12. What is the wine made from?
13. What do the bread and wine become?
14. What part of the Mass are the bread and wine changed into the Body and Precious Blood of our Lord?
15. What is transubstantiation?
16. Why is the host round and flat?
17. Why do we receive Holy Communion?
18. What does Eucharist mean?
19. What is the ciborium? (KNOW ALL SACRED VESSELS)
20. What is the chalice?
21. What is changed into the body of Christ?
22. What is the wine changed into?
23. What do we call the part of the Mass where the bread and wine are changed?
24. Why do we go to Mass?
25. Why does Jesus give us his Body and Blood?
26. How do we show respect in Mass?
27. What should you do after receiving Holy Communion?
28. How should I go up and receive Holy Communion?
29. What are the seven sacraments?
30. What is the sin we have from Adam and Eve?
31. What do we call sins we commit ourselves?
32. What is the most serious of sins called that take away grace and can equal loss of heaven?
33. What is a venial sin?
34. Is there one God? (Answer: Yes, there is one God in three persons: the Father, the Son and the Holy Spirit (Ghost).)
35. Has Jesus always existed? (A: Yes, Jesus, God the Son, has always existed but there was a moment when he became man (incarnation).)
36. Does a priest have the power to forgive our sins and why? (A: Yes, he is acting in persona Christi—in the person of Christ.)
37. What was the First Mass?
38. Why did Jesus die on the cross?
39. Recite the following prayers:
   **Sign of the Cross** (English or Latin)
   **Our Father** (English or Latin)
   **Grace before/after meals** (English or Latin)
   **Glory Be** (English or Latin)
   **Angel of God**
   **Act of Contrition**
   **Evening Prayer** (May be in her own words)